

The Contact



Nebraska Dressage Association

Keeping Members Informed

March 2010

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2011 NDA Board

President:

Sydney Ash ('11)
sydneypageash@hotmail.com

Vice President:

Lisa VanStratten ('12)
dalevanstratten@huntel.net

Secretary:

Heidi Helmer ('13)
hjhelmer@gmail.com

Treasurer:

Diana Spaulding ('11)
dspaulding@windstream.net

Jr/Yr:

Casey Blum ('11)
casey.blum@yahoo.com

Directors At-Large

Felice Rose ('13)
felicerose2900@gmail.com

Donna Michelson ('13)
dresagfan@aol.com

Amy Blum ('12)
amy@neb.rr.com

Gillian Howell ('12)
ghmetson@cox.net

NDA TO OFFER WESTERN DRESSAGE

By Suzanne Eggert

Dressage enthusiasts have long known its benefits. Jumpers know, begrudgingly sometimes, its benefits. Eventers know that succeeding at it means the difference between first and tenth place. Now NDA is hoping to show western riders how dressage can benefit their relationship with their horses and their riding.

NDA will be offering western dressage classes at its Cornhusker Classic Schooling Show in May.

Western riders will be able to show in their own tack and wear their western show clothes. However, helmets will be required.

USEF has published Guidelines for Judging Western Dressage. Please see page 3 for the guidelines.

For more information on western dressage, visit the Western Dressage Association of America's website at www.westerndressage.com.

Picture to the right from the Western Dressage Association of America's website.



Eitan Beth-Halachmy
riding the American Saddlebred
Galalahad's Golden Warrior

SAVE THE DATE!!

Getting Ready to Show Workshop
Lincoln Equestrian Center
March 19

The Shaggy Show I & II
Lancaster Event Center
April 2 - 3

*Cornhusker Classic
Schooling Show*
Lancaster Event Center
May 20

Cornhusker Classic I & II
Lancaster Event Center
May 21 - 22

*Lincoln Equestrian Center
Schooling Show*
Lincoln Equestrian Center
June 25

THE PRESIDENT'S CORNER

Happy March!

I hope everyone enjoyed the wonderful couple of Spring like weeks in February. I just know Spring is around the corner! And if Spring is around the corner that means show season is just around the corner. To help our members get ready for show season the Lincoln Equestrian Center will be running a "Getting Ready to Show" seminar that will cover all the major topics you need to know about before show season gets started. The seminar will be held on March 19th. Also while I am on the topic of show season, the Competitions Committee would love to have a couple more members. The Competitions Committee is a vital part of NDA and needs all the member support it can get. Please feel free to contact Amy Blum at amy@neb.rr.com for more information.

Even though show season hasn't started it is never too early to start thinking about Year-End Awards and the Awards Banquet. At the February NDA board meeting, the board discussed having the Annual Meeting immediately before the Awards Banquet. This will hopefully allow the Awards Banquet to really highlight the award winners and their accomplishments.

Finally, the NDA board is very excited to announce that very soon the membership will be able to voice their opinions on how NDA is doing and what they would like NDA to do in the future. The board is going to accomplish this by offering a membership survey. The survey will take each member about 10-15 minutes to complete and will be offered online through a link on the NDA website. The board is still finalizing all the details so stay tuned and we should have more information out to you in the coming weeks.

Once again please feel free to contact me with any suggestions or comments you might have.

Sydney Ash
NDA President

The *Contact* deadline is the **10th** of the month prior to the month of publication.

SUBMISSIONS ARE ENCOURAGED FROM ALL NDA MEMBERS.

Contact the Editor at:
halfhalt2006@yahoo.com

Please submit ads via email in plain text (.txt) or Word (.doc). display ads may be submitted as pdfs. All ads must be submitted to the Contact editor with a check to NDA.

Contact Advertising:

Suzanne Eggert
5508 Hunts Dr.
Lincoln, NE 68512
halfhalt2006@yahoo.com



GUIDELINES FOR JUDGING WESTERN DRESSAGE

Western Dressage is defined as training and developing the Western rider and horse to improve themselves as individuals and as partners through the use and discipline of Dressage. By using classical Dressage principles, the Western Dressage rider improves cadence, balance and carriage of the horse. The Western Dressage horse becomes more supple and flexible as it moves up the levels of Western Dressage working more off its hindquarters allowing for increasing lightness of the forehand and encouraging a natural head carriage.

There are a few points of difference between Western Dressage and regular Dressage, most arising from the use of Western tack. The description of the gaits is virtually identical but the Western Dressage horse must maintain "ridability" for the rider in a Western saddle. The rider's position will also be somewhat different from that of a regular Dressage rider because of the Western saddle. The use of hands will appear somewhat different because of the Western bit; the Western Dressage horse should be "working on and accepting the bit".

The following comments are intended to assist the Dressage judge:

GAITS:

Walk: A gait of "four-time" beat. The horse, while remaining on the bridle walks energetically, but calmly, with even and determined steps. Upon extension, the horse covers as much ground as possible without losing regularity of steps; in collection, the horse moves resolutely forward

with shorter yet regular strides showing self carriage. No mixing of gaits.

Jog/Trot: A slow steady, two-beat trot with engagement and impulsion from the rear with a lesser need to cover more ground than at the trot. No mixing of gaits. Mixing of gaits refers to patterns of foot movements/foot-falls that are not true to the Walk, Jog/Trot or Lope. While the need for extreme suspension and thrust is not required, the movement should be elastic with lift. The horse should be energetic and supple and always move without hesitation demonstrating relaxation of the back and engagement of the hindquarters while remaining on the bit. As horse develops, he will demonstrate extension and lengthen his steps. Upon collection, hocks are well engaged with energetic impulsion enabling the shoulders to move with lighter ease. Because the reins on a curb bit are held alike and in one hand, guiding the horse must be executed through rider's seat and the subtle use of leg(s); the horse's body must follow the path of the movement.

Lope: A gait of "three-time" beat. The lope is light, cadenced with regular strides while remaining on the bit. Upon extension, the horse goes with free, light, balanced, moderately extended and balanced strides. With collection, the stride is shorter and there is more engagement of the hindquarters with more lightness of the forehand. No mixing of gaits.

Cont'd on page 11

UPCOMING CLINICS

Michael Beining
March 4-6, 2011
Quail Run
Contact: Jim Urban @ 402.289.2159

Tracy Maher
March 3-6, 2011
Quail Run
Contact: Jim Urban @ 402.289.2159

Sarah Martin
March 25-27, 2011
Lincoln Equestrian Center
Contact: Sandie McConnell
rsmac@inebraska.com

If you are hosting a clinic, or know of one in the area, please notify the *Contact* Editor at halfhalt2006@yahoo.com.

NDA BOARD MEETING MINUTES

January 2011

President Sydney Ash called the December meeting to order at Parker's Rib Ranch at 6:30pm.

Board Members Present: Gillian Howell, Donna Michelson, Lisa Van Stratten, Casey Blum, Amy Blum, Diana Spaulding, Sydney Ash, Felice Rose, Heidi Helmer.

Board Members Absent: None.

NDA Members Present: Mike Smith, Suzanne Eggert.

Gillian moved to approve the December Board Meeting minutes; Donna seconded. Motion carried.

REPORTS OF OFFICERS:

President: No report.

Vice President: The location for the 2011 NDA Awards Ceremony was discussed.

Treasurer: Diana presented the Treasurer's Report as of January 10, 2011. The balance in the Main Account was reported to be \$14,570.72. The balance in the Show Account was reported to be \$4,244.86. Heidi moved to approve the Treasurer's Report; Casey seconded. Motion carried.

Secretary: No report.

REPORTS OF COMMITTEES:

Membership: Karen reported via e-mail that there are 46 members registered as of January 17, 2011. There was discussion concerning the handbook being completed. There is a large increase in membership prior to the Cornhusker Classic in May, but the members would like to have the handbook earlier in the spring. Sydney will be talking to Karen about what date will be feasible for getting the handbook to the membership.

Competitions: Mike Smith reported that the prize list is completed for the Cornhusker Classic. On-line entries should be available for the Cornhusker Classic 2011, and the judges and officials have been retained.

The schooling shows in 2011 may offer western dressage classes. The Jr/YR Team Competition held in Mason City, IA, this summer has requested support from local GMO's in the amount of \$100 to fund the competition. Heidi moved to approve the motion; Gillian seconded. Motion carried.

The Competition Committee will be meeting on the Thursdays prior to the NDA Board Meetings at Breada at 84th St. and Hwy. 2.

Awards: The Awards Committee in 2011 consists of Lauren, Jami, and Dallas, and they are inquiring as to the budget for 2011. This will be made available to them.

The final winners for the 2010 awards are not completed. Sydney will be in contact with Julie, and they should be finalized next week.

The number of volunteer hours required to qualify for year-end awards may be increased. The on-line form will be updated by Lisa.

Communications: Suzanne Eggert has taken over publication of the Contact. The cut-off date for getting information to Suzanne is the 10th of the month. Gillian was asked to provide an article for a horse publication, and will forward this information to the Board.

Publicity: Loye has obtained information about representing the NDA at the Horse Expo in March. The charge for a booth is \$135. Loye will present ideas for set-up for the booth at the February Board meeting.

The membership fee for the Nebraska Horse Council was discussed. Amy moved to pay the membership fee; Gillian seconded. Motion carried.

Fund Raising: Donna reported on sponsorships for 2011. All of the sponsors from 2010 have agreed to remain sponsors. Suzanne will put this information in the Contact. They will be working on advertisements for the February issue of the Contact. Heidi will be pursuing class sponsorships for the 2011 Cornhusker Classic. \$60 in sponsorships counts towards fulfilling volunteer hour requirements to qualify for year-end awards in lieu of the hourly requirement.

Equipment Management: Cheri Harker will be contacted about continuing to store equipment at Lincoln Equestrian Center.

JR/YR: Casey reported that the Jr/YR group is active on Facebook. They have met and discussed having a representative at the Horse Expo NDA booth, a Jr/YR party, and a possible "spotlight" in the Contact. Information from their meetings will be published in the Contact.

The Jr/YR group inquired as to whether or not they could raise funds for themselves, and were encouraged to do so.

Education: Karen has several ideas for education for 2011. A day for education was discussed.

OLD BUSINESS: The website continues to be updated. If members notice any information that is no longer relevant or is in error, please contact Lisa Van Stratten.

NEW BUSINESS: Gillian suggested that we obtain a sound system for the Association to advance musical freestyles and that we apply for the Dressage Foundation's Dancing Horse Fund as a way to meet some of the cost towards the sound system. Discussion ensued, and Gillian will research the cost of sound equipment and possible uses for it.

Arnie Cole will be asked by Felice to attend the February Board meeting and discuss developing a member survey.

Lisa would like to plan a "Spring Event".

A tack swap may be planned this spring/summer in conjunction with a schooling show.

Gillian and Suzanne will be reviewing the NDA by-laws to assess the need for updates.

Defining the roles and responsibilities of committees and board members was discussed. Lisa will send the Board a list of current committee members.

The next NDA board meetings will be held February 7, 2011, and March 14, 2011, at 6:30pm at Bredeaux Pizza in Ashland, NE.

ADJOURNMENT: Heidi moved to adjourn the Board meeting. Casey seconded. Motion carried. Meeting adjourned at 8:25pm.

Respectfully submitted by
Heidi J. Helmer, NDA Secretary 2011

NDA Board Mtg.
March 14, 2011, 6:30 p.m.
Bredeaux Pizza
Ashland

USEF, USDF & REGION 4

Increased Prize Money at Great American/USDF Regional Dressage Championships

Lexington, KY (February 4, 2011) - The United States Dressage Federation (USDF) and Great American Insurance Group are pleased to announce that prize money for the Great American/USDF Regional Dressage Championships has been announced for 2011 series. In total, over \$155,000 in prize money will be awarded in the 2011 Great American/USDF Regional Championships, divided evenly among the nine regions and 35 divisions that are offered. Champions in each region and division will receive \$296 in prize money and an embroidered jacket and cooler both provided by SmartPak, Inc., official horse supplement feeding sponsor of USDF. Reserve champions in each region and division will receive \$197 in prize money, along with a saddle pad provided by the Great American Insurance Group, title sponsor of the championships.

“It is with great pleasure that we continue to provide recognition to these outstanding competitors through our sponsorship of the regional championship program,” stated Kathy Stringer, Great American Insurance Group Marketing Director of the Equine Division, Ken Standlee, President of the Equine Division, and Jim Mitchell, Vice President of the Farm Division.

“We’re so pleased that through the generous support of our sponsors, we are able to see this program expand and be able to provide more prize money and recognition for our competitors each year,” adds Cindy Vimont, USDF Senior Director.

For more information about the Great American Insurance Group/USDF Regional Dressage Championships, please visit the USDF Web site or contact the USDF office.

USEF to Award More Than \$20,000 in Grants Through High School Equestrian Athlete Program

Release: February 17 2011

Author: USEF Communications Department

Lexington, KY - The United States Equestrian Federation (USEF) will be offering more than \$20,000 in grant money to qualified students, high schools and clubs across the nation through its High School Equestrian Athlete program in 2011. Students who are enrolled in the program, have successfully completed at least one full year, and are members of a USEF Recognized or International Affiliate Association will have a chance to win one of many \$1,000 grants for educational or equestrian pursuits. On July 29, 2011, one student athlete from each Recognized or International Affiliate Association will be randomly selected to receive the grant. Students are not eligible to receive more than one grant. The USEF also plans to award eight \$500 grants to high schools and clubs to help cover program costs. The schools and clubs (i.e. 4-H, club teams, riding clubs; horse show associations not included), with the most students enrolled in the High School Equestrian Athlete program will each receive a grant.

The popularity of the High School Equestrian Athlete program has grown exponentially since it started in late 2009, with more than 2,800 students having participated. The program was created to recognize and reward the accomplishments of high school equestrian athletes and encourage their future involvement in equestrian sport. Students in the program are eligible to receive a varsity equestrian patch, yearly pins and certificates of completion, as well as access to a line of quality and custom merchandise such as letterman jackets, soft-shell riding jackets and hats.

Enrollment for the current school year is still open. For more information or to apply online, visit: <http://www.usef.org/IFrames/Youth/highschool/highschool.aspx>



THE NEBRASKA DRESSAGE ASSOCIATION

GETTING READY TO SHOW WORKSHOP

Location: Lincoln Equestrian Center
2541 W. Claire
Lincoln, NE 68521

Sign-In: 9:00 a.m.

Clinic: 9:30 a.m. – 12:30 p.m.

Member Fee: **FREE**

Non-Member Fee: \$10 (pay at door)

Date: Saturday, March 19, 2011

.....
Are you new to showing? Have you attended schooling shows and are ready to move up to recognized shows? Are you new to dressage or will you be showing in the new western dressage classes at shows this year? Has it been a while since you've shown?

If you answered "yes" to any of these questions, then this workshop is for you. Mark the date on your calendar and plan to attend!



Learn

- **Rules to show by: show rules, paperwork, and common questions.**
- **Horse beautification: how to pull a mane, clip, and braid.**
- **Getting there: how to hook-up, load and unload, and unhook.**
- **Showing 411: what to bring, what to expect, setting up, warm-up, tips**

.....
Attire: Dress for the weather, as there will be both indoor and outdoor stations.

Registration: Send an email with your name to: halfhalt2006@yahoo.com



Nebraska Dressage Association Membership

- ◆ NDA Year -End Awards ◆ *Contact* ◆ Discounts
- ◆ USDF Group Membership ◆ *The Connection* ◆ USDF Rider Awards

MEMBERSHIP INFORMATION

Voting Member #1

USDF #	First Name	Middle Initial	Last Name
--------	------------	----------------	-----------

Voting Member #2
(if Family Membership)

USDF #	First Name	Middle Initial	Last Name
--------	------------	----------------	-----------

Address

City	State	Zip
------	-------	-----

Phone (h)	Phone (c)	Birthdate (required for Juniors)
-----------	-----------	----------------------------------

Phone (w)	Email
-----------	-------

Adult Individual Membership (\$40)

Junior Individual Membership (\$30)

**(Must be under the age of 21-birthdate required)*

Junior/Pony Club- 4H Membership (\$30)

(Must be under the age of 21 and must submit proof of current membership in Pony Club or 4-H with this application.)

Family Membership (\$60)

Additional Family USDF Group/Non-voting NDA Memberships (\$20 each)

(Must be members of the immediate family, residing in the same household as those holding primary Family Memberships.)

Membership fee includes online subscription to the Contact.

Mail subscription to the Contact (\$15)

New Member Renewal

HORSE REGISTRATION

New Lifetime Registration (**\$25.00**)

Horse is already registered
(for record-keeping purposes only)

Note: Horse must be registered with NDA to qualify for Schooling Show Championships and Year-End Awards.

Member Name

Name of Horse	Breed
---------------	-------

Foaling Year	Sex (M, G, S)	Color
--------------	---------------	-------

Name of Owner	Address
---------------	---------

SEND COMPLETED FORM TO: Karen Stricklett, 15809 Burdette St, Omaha, NE 68116 or kstricklett@stricklett.com

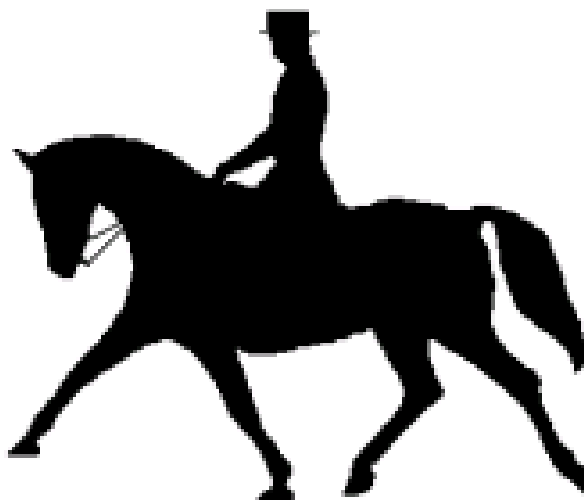
2011 SHAGGY HORSE DRESSAGE SCHOOLING SHOW I & II

SPONSORED BY CORNHUSKER PONY CLUB & HUNTER'S PRIDE 4-H CLUB

Show Dates: April 2 & 3, 2011

Lancaster Events Center, Lincoln, Nebraska
(Amy Countryman Arena & Multi-purpose Arena w/ warm-up in Amy
Countryman Arena)

Judges: Susan Clarke ("L" Graduate w/ Distinction)
& Rebecca O'Bea ("L" Graduate w/ Distinction)



Mark your calendar to be at Lancaster Events Center for two of the first Nebraska Dressage Association recognized schooling shows of 2011. Both shows are open to all competitors. Ribbons will be awarded through sixth place. Concessions will be available.

For registration forms or more information contact:
Becky Robinett, Show Manager
Phone: (402) 782-2040/ 202-2363 email: ladybered@aol.com

- COMPETITOR'S ENTRY FORM -
IMPORTANT: ONLY ONE ENTRY FORM PER HORSE/RIDER COMBINATION

2011 SHAGGY HORSE DRESSAGE SCHOOLING SHOW I & II

SPONSORED BY HUNTER'S PRIDE 4-H CLUB & CORNHUSKER PONY CLUB

April 2nd and 3rd at Lancaster Events Center, 84th & Holdrege, Lincoln, NE

Competitor Name: _____

Address: _____

Day Phone: _____ **Evening Phone:** _____

Email Address: _____

Competitor Information:	Junior/Young Rider.....	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	Pony Club Member.....	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
	Adult Amateur.....	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	Member of 4-H.....	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
	Open.....	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	Member of NDA.....	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No

Trainer If Applicable):

Name: _____

Address: _____

Horse:

Name: _____

Breed: _____

Year Born: _____ Color: _____

Registered w/ NDA: _____ Sex: _____

SHAGGY SHOW I				
Saturday April 2 nd – Please circle test(s) – See limitations on reverse side				Fees:
		Test (circle)		
1. Introductory Tests (Walk-Trot) (Fee: \$20)	A	B	C	_____
2. Training Level Tests (Fee: \$20)	1	2	3	_____
3. First Level Tests (Fee: \$20)	1	2	3	_____
4. Second Level Tests (Fee: \$20)	1	2	3	_____
6. Suitability (Fee: \$10)	Walk/Trot	Walk/Trot/Canter		_____
7. Equitation (Fee: \$10)	Walk/Trot	Walk/Trot/Canter		_____
8. Prix Caprilli (Fee: \$20)	Intro	Training	First	_____
9. Musical Freestyle (Fee: \$20)	Level: _____			_____
10. Pas De Deux/Quadrille (Fee: \$10/rider)				_____
Office Fee				<u>\$20</u>
SHAGGY SHOW II				
Sunday April 3 th – Please circle test(s) – See limitations on reverse side				
		Test (circle)		
1. Introductory Tests (Walk-Trot) (Fee: \$20)	A	B	C	_____
2. Training Level Tests (Fee: \$20)	1	2	3	_____
3. First Level Tests (Fee: \$20)	1	2	3	_____
4. Second Level Tests (Fee: \$20)	1	2	3	_____
Office Fee (\$10 if you show both days)				<u>\$20</u>
STABLING AND TOTAL FEES				
Stabling: Friday to Saturday - \$35, Saturday to Sunday - \$35, Friday to Sunday -\$65.	# of stalls	_____		_____
Bedding: \$8/bag x _____ bag(s) – One (1) bag of shavings will be provided with stall.				_____
RV Hookup: \$20/night x _____ nights				_____
TOTAL FEES: (Make check payable to Cornhusker Pony Club)				

Make ALL checks payable to Cornhusker Pony Club

Mail signed entry form and check to: Anne Stephens, 1431 SW 36th Street, Lincoln, NE 68522

Entries will not be considered valid until payment is received.

Competitors (or parent/guardian) must sign a waiver prior to release of show packet/numbers.

2011 SHAGGY HORSE DRESSAGE SCHOOLING SHOW I & II

SPONSORED BY HUNTER'S PRIDE 4-H CLUB & CORNHUSKER PONY CLUB

COMPETITION DATES: Saturday, April 2, 2011 and Sunday, April 3, 2011 are open to all ages.

JUDGES: Rebecca O'Bea, "L" Graduate w/ Distinction & Susan Clarke, "L" Graduate w/ Distinction

LOCATION: Lancaster Events Center, 84th & Holdrege, Lincoln, NE

MANAGEMENT: The Show is sponsored by Hunter's Pride 4-H Club and Cornhusker Pony Club.

Show Manager: Becky Robinett
(402) 782-2040/202-2363

Show Secretary: Anne Stephens
(402) 438-8930

REGISTRATION: Entry closing date is **WEDNESDAY, March 16, 2011**. Payment in full must accompany entry form. Refunds (less office fee) will be made for cancellation received before closing date. Mail **SIGNED** entry form and check to show secretary. All riders must check in with show office prior to first ride. Ride times will be emailed (if email is provided – if not ride times will be sent via regular mail) approximately 4 days before the show.

AWARDS AND RULES: Ribbons will be awarded through sixth place. Equitation and Suitability classes are NOT NDA recognized and will not be scored but placed 1st through 6th. Both are group classes and will not be divided among divisions. Champion and Reserve Champion awards for high point in Intro, Training and Advanced levels. In order to qualify for Champion and Reserve Champion awards, one ride must be in highest test of a particular level. Current (2011) USEF and USDF test will be used.

PRIX CAPRILLI: Test 1 is the equivalent of Intro dressage, Test 2 is the equivalent of training Level Dressage and Test 3 is the equivalent of First Level dressage. Jumps will not exceed 2'4". Tests are available at

[http://www.nebraskadressage.org/redesign/shows/2009%20shows/Prix_Carpilli_Dressage_Tests_from_Jam ee\[1\].pdf](http://www.nebraskadressage.org/redesign/shows/2009%20shows/Prix_Carpilli_Dressage_Tests_from_Jam ee[1].pdf)

EQUITATION AND SUITABILITY CLASSES: Equitation and Suitability classes are group rail classes, with division occurring by Walk/Trot and Walk/Trot/Canter. Competitors may enter both Equitation and Suitability classes but may NOT cross enter walk/trot and walk/trot/canter within each class.

EQUIPMENT: This show is NDA approved and will adhere to NDA equipment requirements. Improper equipment may be grounds for elimination. Competitors will adhere to the following equipment requirements: 1) Simple snaffle bridle mandatory through Second Level, 2) English-style saddle mandatory, 3) rider must wear boots or hard-soled shoes with heels, 4) humane spurs and a whip no more than 4-feet long are allowed, 5) no tie downs, martingales, side reins, or similar devices are allowed, 6) rider must wear ASTM/SEI-certified helmet at all times when mounted. 7) **red ribbons MUST be affixed to tail of all horses known to kick**. Please check with Show Manager or Show Secretary if you are unsure of equipment requirements.

ATTIRE: Attire appropriate for schooling shows is expected.

STALLS AND ACCOMODATIONS: Permanent stalls with doors on the show grounds. Stalls must be paid for in advance. Indicate what days/evenings you are reserving. Friday to Saturday - \$35, Saturday to Sunday - \$35, Friday to Sunday -\$65. Bedding must be pre-ordered. No bedding, unless pre-ordered, will

be sold on show grounds. **No outside bedding will be allowed.** One horse per stall. Stalls will be available by 5:00 pm, Friday, April 1st. The show arenas will not be open until 7pm April 1st. **Some stalls will be on concrete. Dirt stalls will be assigned based on the date of receipt of your entry.**

CONCESSIONS: Concessions will be available on the grounds both days.

MANAGEMENT RULES AND REGULATIONS:

1. Show Management reserves the right to use the small arena (20m x 40m) for Intro and Training level tests. First level tests and above will use the standard arena (20m x 60m).
2. The show will be held in the Amy Countryman Arena and the Multi-Purpose Arena (MPA). Footing for indoor arenas will be sand/dirt. Warm-up will be held at the South end of the Amy Countryman Arena.
3. Competition arenas will be available for schooling from 7:00 pm to 10:00 pm the evening before the competition and for 2 hours prior to the start of competition.

Under State Law, an equine activity sponsor or equine professional is not liable for an injury to, or the death of a participant in equine activities resulting from the inherent risk of equine activities.

A liability waiver must be signed by the participant, or parent/guardian if participant is of minority age prior to the first ride. Liability forms will be available at the show office.



Guidelines for Judging Western Dressage Cont'd

BASIC POSITION

The stirrup should be just short enough to allow heels to be lower than toes. Body should appear comfortable, relaxed, and flexible. Feet should be placed in the stirrups with the weight on the ball of the foot. Consideration, however, should be given to the width of the stirrups, which vary on Western saddles. If stirrups are wide, the foot may have the appearance of being home when, in reality, the weight is being properly carried on the ball of the foot.

All movements should be obtained without apparent effort of the rider, who should be well balanced with loins and hips supple, thighs and legs steady and well stretched downward. The upper part of the body should be easy, free, and erect. The seat, as well as the hands and legs, is of great importance in Western Dressage.

USE OF HANDS

One Hand - In repose, the arm is in a straight line with body, while the one holding the reins is bent at the elbow. Only one hand is to be used for reining and hands shall not be changed. Hand to be around reins. When

ends of split reins fall on near side, one finger between the reins is permitted. When using romal or when ends of split reins are held in hand not used for reining, no finger is allowed between the reins. Rider may hold romal or end of split reins to keep from swinging and to adjust the position of reins, provided there are at least 16 inches of rein between the hands. If a romal is used, hands are to be above the horn and as near to it as possible. Bracing against horn or coiled riata will be penalized.

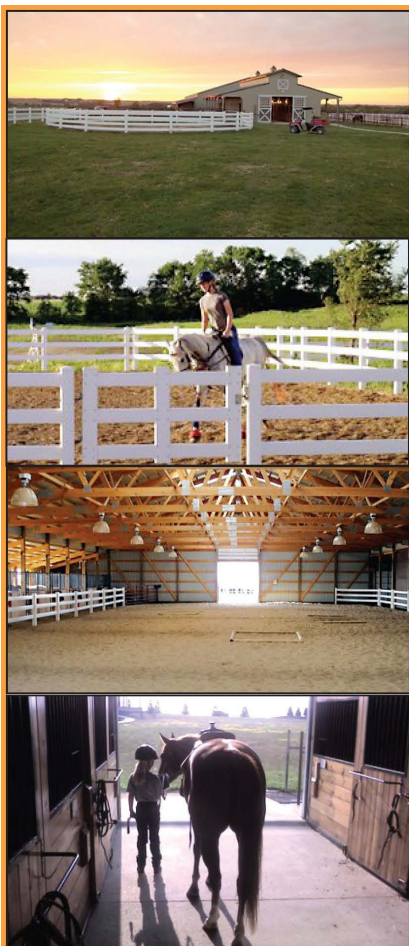
Two Hands - Hands should be low and close together without touching each other or the horse, and with the thumb as the highest point. The elbows and arms should be close to the body, forming a reasonably straight line from the rider's elbow to the horse's mouth enabling the rider to follow the movements of the horse smoothly and freely and to apply aids imperceptibly, thereby allowing the rider to school his horse progressively and correctly.

UNITED STATES EQUESTRIAN FEDERATION: 4047 IRON WORKS PARKWAY: LEXINGTON, KY 40511

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- Full Care Boarding
- Enjoy our stalls with attaching south facing paddocks
- Indoor & Outdoor Arenas
- Year round lesson programs available for students of any age, ability or income



Our goal is to share God's gift of horses by encouraging and supporting the horse dreams of others

*He leads me beside still waters. He restores my soul...
Ps. 23:2,3*

Arnie & Char Cole • 18221 S. 68th St., Hickman, NE 68372
402-792-3161 • 402-432-0543 • www.stillwatersranchcole.com

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